

# St Charles Borromeo Parish

served by the congregation of missionaries of the precious blood

FOUNDED 1918

811 LAWRENCE AVENUE WEST TORONTO ON M6A 1C3 **T** 416.787.0369 **F** 416.256.4466 [www.stcharlesborromeo.ca](http://www.stcharlesborromeo.ca)



Charles Borromeo Giving Communion to the Plague Victims  
TANZIO DA VARALLO CIRCA 1616

*IF WE WISH TO MAKE ANY PROGRESS IN THE SERVICE OF GOD we must begin every day of our life with new eagerness. We must keep ourselves in the presence of God as much as possible and have no other view or end in all our actions but the divine honor. – Carlo Borromeo*

## SACRAMENTS

**BAPTISM:** Parents who wish to have their child baptized must complete a Baptism Preparation Program. Please contact the Parish Office for registration information.

**MARRIAGE:** Couples planning to be married must contact the Pastor at least ONE YEAR in advance of the anticipated date and participate in a Marriage Preparation Course.

**RECONCILIATION (CONFESSION):** Confessions are heard every Saturday, from 3:30pm to 4:00pm.

## PASTORAL TEAM

**Fr Mario Cafarelli, C.P.P.S.** Pastor  
**Fr Gerardo Laguartilla, C.P.P.S.** Associate Pastor  
**Sergio Spadafora** Deacon

## PARISH STAFF

**Mary Magno** Office Manager  
**Connie Marcoccia** Receptionist  
**Felix Vargas** Custodian

## OFFICE HOURS

**MON / TUE / THU / FRI** 9am to 3:00pm  
**WED** 9am to 12:30pm  
**SAT** 9am to 12pm

## EUCCHARISTIC CELEBRATION

**MON to FRI** 8am Italian  
12:05pm English

**SAT (SUN VIGIL)** 4:30pm English

**SUN** 8am Italian  
9:30am English  
11am Italian  
12:30pm English

## FIRST FRIDAY DEVOTION

On the first Friday of the month, the Holy Rosary is prayed at 6:30pm, followed by the celebration of the Holy Mass, Holy Hour, and Confession.

## OUR SCHOOLS

- ▶ **ST CHARLES CS** 416.393.5250  
50 Claver Avenue [tcdsb.org/o/stcharles](http://tcdsb.org/o/stcharles)
- ▶ **REGINA MUNDI CS** 416.393.5362  
70 Playfair Avenue [tcdsb.org/o/reginamundi](http://tcdsb.org/o/reginamundi)
- ▶ **STS COSMAS AND DAMIAN CS** 416.393.5398  
111 Danesbury Avenue  
[tcdsb.org/o/stscosmasanddamian](http://tcdsb.org/o/stscosmasanddamian)

## PARISH AND LITURGICAL MINISTRIES

**Adult Choir** (English, 12:30pm)  
**Catholic Women's League**  
**Coro Adulti** (Italiano, 11am)  
**Daughters of Isabella**

**Extraordinary Ministers of Communion**  
**Ministers of the Word**  
**Ministers of Welcome**  
**Ministers to the Altar**

**Ministry to the Sick**  
**Precious Blood Prayer Group**  
**RCIA** [rcia.stcharles@gmail.com](mailto:rcia.stcharles@gmail.com)  
**Society of Saint Vincent de Paul**

**THE HOLY SEASON OF LENT**  
**FAST AND ABSTINENCE**

It is a traditional doctrine of Christian spirituality that a constituent part of repentance, of turning away from sin and back to God, includes some form of penance, without which the Christian is unlikely to remain on the narrow path and be saved. Christ Himself said that His disciples would fast once He had departed (Lk. 5:35). The Church, therefore, has two forms of official penitential practices - three if the Eucharistic fast before Communion is included.

**Abstinence:** The law of abstinence requires a Catholic 14 years of age until death to abstain from eating meat on Fridays in honour of the Passion of Jesus on Good Friday.

On the Fridays **outside of Lent** the Canadian bishops' conference obtained the permission of the Holy See for Catholics in Canada to substitute a penitential, or even a charitable, practice of their own choosing. **During Lent abstinence from meat on Fridays is obligatory** and it is sinful not to observe this discipline without a serious reason (physical labour, pregnancy, sickness etc.).

**Fasting** The law of fasting requires a Catholic from the 18th Birthday to the 59th Birthday to reduce the amount of food eaten from normal. The Church defines this as **one meal a day, and two smaller meals which if added together would not exceed the main meal in quantity. Such fasting is obligatory on Ash Wednesday and Good Friday.** The fast is broken by eating between meals and by drinks which could be considered food (milk shakes, but not milk). Alcoholic beverages do not break the fast; however, they seem contrary to the spirit of doing penance.

**Those who are excused from fast or abstinence:** Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, manual labourers according to need, guests at a meal who cannot excuse themselves without giving great offense or causing enmity and other situations of moral or physical impossibility to observe the penitential discipline.

The early Church had a practice of Wednesday and Saturday fast. This fast could be the same as the Church's law (one main meal and two smaller ones) or stricter, even bread and water. Such freely chosen fasting could also consist in giving up something one enjoys - candy, soft drinks, smoking, that cocktail before supper, and so on. This is left to the individual.

**HIS EMINENCE FRANK CARDINAL LEO**

Next Sunday, March 9, we have the privilege of welcoming His Eminence Frank Cardinal Leo to celebrate Masses with us at 11:00AM (Italian Mass) and 12:30PM (English Mass). Please join us in welcoming the newly elevated Cardinal to our parish. Following the 12:30PM Mass there will be refreshments in the parish hall.

**RCIA SPONSORS NEEDED!**

The RCIA program is urgently seeking sponsors for our adult candidates for Baptism and Confirmation. This is a wonderful opportunity to share your faith with a new Catholic and to celebrate with them as they join our Church at Easter. No experience is required and the time commitment is minimal. Please contact Sarah at [rcia.stcharles@gmail.com](mailto:rcia.stcharles@gmail.com) or 416-256-3534 for more information.

**UPCOMING EVENTS IN THE PARISH**  
**PROSSIMI EVENTI IN PARROCCHIA**

**Ash Wednesday- Mercoledì delle Ceneri**

**March 5- 5 marzo**

**8:00AM Italian**

**12:05PM English**

**7:00PM English Mass**

**Stations of the Cross Beginning March 7**

Fridays at 7:00PM in English

**La Via Crucis Inizia l'11 marzo**

Martedì alle 7:00PM in Italiano

**Lenten Missions**

**English Mission – March 24-26 at 7:00PM**

**Italian Mission – April 2-3 at 7:00PM**

**MESSAGE FROM HIS EMINENCE FRANK CARDINAL**

**LEO**

Dear Brothers and Sisters,

As you may be aware, Pope Francis has been hospitalized at Gemelli Hospital in Rome where he has been since 14 February. His Holiness is suffering from pneumonia and some mild kidney failure.

I ask you to consider praying the Rosary for Pope Francis, be it before Mass or even a decade of the Rosary following Mass for his recovery.

**Prayer for Pope Francis**

*O merciful and loving God, fountain of all grace and source of eternal healing, be with our Holy Father as he faces this battle with illness. Surround him, O Lord, with boundless compassion and strengthen his spirit so that he may regain the health needed to continue to lead your flock with a father's heart. We ask this through Christ our Lord. Amen.*

Thank you very much for welcoming this prayer request and may the Lord reward you for your solidarity and Christian charity. Sincerely yours in Jesus with Mary,

*† Frank Card. Leo*

Frank Cardinal Leo

Metropolitan Archbishop of Toronto

**SAVE THE DATE: SEDER MEAL**

This year in anticipation of Holy Week we will celebrate our annual Seder Meal on Thursday, April 10 at 6:00 PM in the Church Hall. More details to come in next week's bulletin. The Seder is a family meal which celebrates Passover. It follows an ancient Jewish ritual which was celebrated by Our Lord and the apostles at the Last Supper. Through the Seder meal our parish will celebrate the fulfillment of the promise of the Passover, the resurrection. Please join us in celebrating this special feast.

MARCH 2, 2025

**PERIODO DELLA QUARESIMA: DIGIUNO E  
ASTINENZA**

La Quaresima è un tempo di preparazione alla Pasqua, quindi un periodo di "cammino verso la Pasqua". Il tempo di Quaresima come preparazione alla Pasqua si basa su due pilastri: da un lato, la contemplazione della Pasqua di Gesù; e dall'altro, la partecipazione personale alla Pasqua del Signore attraverso la penitenza e la celebrazione o preparazione dei sacramenti pasquali - battesimo, confermazione, riconciliazione, eucaristia - coi quali incorporiamo la nostra vita alla Pasqua del Signore Gesù.

**Astinenza:** la legge Cristiana, dice che l'astinenza va osservata dalle persone dai 14 anni in su a non mangiare la carne il venerdì, in onore della Passione di Gesù del Venerdì Santo. Questa astinenza della carne è obbligatoria durante i venerdì di quaresima, mentre nei venerdì fuori dalla quaresima, con il permesso dei nostri vescovi, si possono sostituire le astinenze con situazione penitenziali, oppure situazioni caritatevoli, a propria scelta.

**Digiuno:** la legge Cristiana ci dice che il digiuno deve essere osservato dalle persone dai 18 ai 59 anni, diminuendo la quantità di cibo usato ogni giorno. Cioè, un pranzo al giorno e due spuntini/merendine, che messi insieme non superano la quantità di un pranzo completo. Questo digiuno è obbligatorio mercoledì delle Ceneri e Venerdì Santo. Tra un pasto e l'altro si consiglia il bere tanta acqua (evitare latte e latticini).

Chi è esento dal digiuno o astinenza? Oltre a quelli fuori dal limite di età, le persone malate, persone fragili e deboli, donne incinte e donne che allattano e altre situazioni specifiche. Incoraggiamo tutti di seguire le leggi della Chiesa, con il loro cuore e la situazione particolare in cui si trovano. Per dettagli ed informazioni più precise, leggete **IL TEMPO DI QUARESIMA**, nel sito: <http://www.pastoraleliturgica.it>

**SUA EMINENZA FRANK CARDINALE LEO**

Domenica 9 marzo, 2025, nella nostra parrocchia di San Carlo Borromeo, avremo il privilegio di accogliere Sua Eminenza Frank Cardinale Leo, per celebrare le Messe con noi alle 11:00 (Messa in italiano) e alle 12:30 (Messa in inglese). Unitevi a noi per dare il benvenuto al neo-nominato Cardinale. Dopo la Messa delle 12:30 ci sarà un rinfresco nella sala parrocchiale.

**CERCHIAMO SPONSORS RCIA (RITO DI  
INIZIAZIONE CRISTIANA DEGLI ADULTI)**

Il programma RCIA è alla ricerca urgente di sponsors per i nostri candidati adulti per il battesimo e la cresima. Questa è una meravigliosa opportunità per condividere la tua fede con un nuovo cattolico e per festeggiare con lui/lei, mentre si unisce alla nostra Chiesa a Pasqua. Non è richiesta esperienza e l'impegno di tempo è minimo. Per maggiori informazioni, contattare Sarah: [rcia.stcharles@gmail.com](mailto:rcia.stcharles@gmail.com) o al numero 416-256-3534.

**SEGNATE LA DATA: PASTO SEDER (CENA  
PASQUALE)**

Quest'anno in preparazione alla Settimana Santa, vogliamo celebrare il "Pasto Seder", giovedì 10 aprile ore 6:00 p.m., nella nostra sala parrocchiale. Dettagli saranno nel bollettino della settimana prossima. Il Pasto Seder, è una cena che festeggia la Pasqua Ebraica. Questo evento viene da un'antica tradizione ebraica, dove il Nostro Signore celebrò l'ultima cena con gli apostoli. Tramite questo pranzo Seder, la nostra parrocchia celebrerà l'adempimento della promessa della Pasqua, della Risurrezione. Vi invitiamo tutti a celebrare questo evento speciale.

*Masses of the Week*

**SATURDAY, MARCH 1**

4:30PM Mass Association

**SUNDAY, MARCH 2**

8:00AM Pompeo Petrini e Giuseppina Del Duca

9:30AM Concetta Servello, Anita House, Leonard De Souza

11:00AM Luigi e Luigina Rizzo, Pino e Irene Mancini, Antonio Schiavo, Antonietta e Adamo Caputo, Carmela e Michele Cimicata, Francesco e Carolina Cervo, Eleonora e Onofrio Barbieri

12:30PM Iraq Ally

**MONDAY, MARCH 3**

8:00AM Defunti Iscritti Alle Messe Perpetue

12:05PM Antonio Medeiros & José Moniz

7:00 PM Maria Capozzolo

**TUESDAY, MARCH 4**

8:00AM Giuseppe Labricciosa

12:05PM In Thanksgiving for the Zamperin Family, For the Souls of Giuseppe & Rosa Faga

7:00PM Giancarlo Fieromonte

**WEDNESDAY, MARCH 5 Ash Wednesday**

8:00AM For All Our Parishioners

12:05PM For All Our Parishioners

7:00 PM For All Our Parishioners

**THURSDAY, MARCH 6**

8:00AM Defunti Iscritti Alle Messe Perpetue

12:05PM Pietro Francella

**FRIDAY, MARCH 7 – First Friday**

8:00AM Defunti Iscritti Alle Messe Perpetue

12:05PM Antonio Gomes

7:00 PM Station of the Cross & Mass

**SATURDAY, MARCH 8**

4:30PM Rocco Tacconelli

**FIRST HOLY COMMUNION CLASS**

Reminder the next First Holy Communion class is on Saturday, March 8 at 3:00PM

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